

# 30 days of growing a heart of thanksgiving

1. BE JOYFUL (1 THESSALONIANS 5:16-18)
2. BE CONTENT (PHILIPPIANS 4:11-13)
3. LOVE OTHERS IN WORD AND DEED (1 JOHN 3:18)
4. SHOW KINDNESS (EPHESIANS 4:32)
5. HAVE FAITH OVER YOUR WORRIES (MARK 5:36)
6. SPEAK WORDS OF LIFE TO OTHERS (PROVERBS 15:4)
7. SHOW EMPATHY (ROMANS 12:15)
8. PRAY ALWAYS (1 THESSALONIANS 5:16-18)
9. SHARE THE LOVE OF JESUS (MARK 16:15)
10. SLOW TO ANGER (JAMES 1:19)
11. WORSHIP GOD THROUGH MUSIC (PSALM 95:1)
12. SERVE OTHERS (GALATIANS 5:13-14)
13. THANK GOD IN WORD AND DEED (COLOSSIANS 3:17)
14. HONOR YOUR BODY (1 CORINTHIANS 6:19-20)
15. SPEND DEVOTED QUIET TIME WITH JESUS (COLOSSIANS 4:2)
16. FORGIVE (COLOSSIANS 3:13)
17. READ SCRIPTURE (MATTHEW 4:4)
18. DIE TO SELF, LIVE IN THE SPIRIT (GALATIANS 2:20)
19. LOOK AROUND AND ENJOY HIS CREATION (PSALM 104:24-25)
20. BE A LIGHT (MATTHEW 5:14-16)
21. READ A PSALM EVERY DAY (PSALM 1)
22. EACH PERSON AT THE DINNER TABLE SAYS SOMETHING THEY ARE THANKFUL FOR
23. SEND A NOTE TO SOMEONE TELLING THEM YOU'RE THANKFUL FOR THEM
24. DO UNTO OTHERS AS YOU WOULD HAVE THEM DO UNTO YOU (MATTHEW 7:12)
25. EXTEND GOD'S GRACE (COLOSSIANS 4:6)
26. BRING AN OFFERING TO THE LORD (PSALM 116:12-14)
27. BE GENEROUS WITH A PORTION OF WHAT GOD HAS GIVEN YOU (MATTHEW 6:3)
28. GO OUT OF YOUR WAY TO HELP SOMEONE IN NEED
29. FIND PEACE WITH GOD (JUDE 1:21)
30. TREASURE TODAY, REDEEM YOUR TIME AND VALUE IT AS A GIFT (EPHESIANS 5:15-17)

